



Pre-operative assessment

What will happen?



Easy Read Booklet



If you are going into hospital for an operation, you may have to come a few days or weeks before your operation for a pre-assessment outpatient appointment. This is to check that you are fit for the operation

This leaflet will tell you all about what will happen at this appointment.



When you arrive at the pre-assessment unit, the person on reception will check your name and address. They will ask you to sit and wait to see the nurse.



A nurse will then call you in to a room. She will ask you a lot of questions about your health.



She will also check your blood pressure. This is done by putting a band on your arm which becomes very tight.

It will feel strange but will not hurt you and will only last a few seconds.

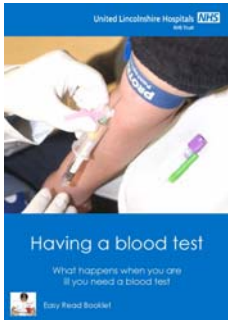


The nurse will also weigh you and measure your height.



The nurse may ask you to have a blood test.

You will be asked to go to the Pathology Department.



We have a leaflet about having a blood test.



You might also be asked for a urine sample – you will need to wee into a small pot.



All people coming for operations have to be tested to see if they have germs on their skins. This is called an MRSA screen.

The nurse will use a thing like a long cotton wool bud to wipe inside your nose and at the top of leg.

It may tickle but will not hurt and will only take a few seconds.



The nurse will explain what will happen during your operation.

If you or your carer have any questions please ask the nurse.



The nurse may ask you to sign a special form to say that you understand what is going to happen to you. This is called a consent form.



You will be given leaflets about your operation



When the nurse has all the information about you that they need and all the tests have been finished, you will be able to go home.



If your checks are ok, your operation can go ahead.

If you are an adult with learning disabilities, the Acute Learning Disabilities Liaison Nurses can talk to you if you need any help. They can also talk to your carers if they have any questions.

You can telephone Monday to Friday, 9.00am to 5.00pm



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